

Dear Freshers,

Welcome to Wadham!

I'm Maria, a second-year DPhil student in Biology and, more importantly for you, your MCR President for the year! It feels like I arrived at Wadham yesterday, so it's a little crazy that a whole year has already flown by.

Looking back at my first year, the things that stand out aren't necessarily my degree, projects or achievements, but the people I've met and the communities I've become a part of. Wadham MCR is one of those communities.

During your time at Wadham, I hope the MCR gives you plenty of opportunities to make friends, try new things, pick up hobbies, come along to events and get to know people you might not have otherwise met.

I also want the MCR to be somewhere that makes Oxford feel a little less overwhelming. Graduate life can be quite intense, so make time for yourself and for the things that keep you happy and grounded. We're here to support you and, hopefully, give you plenty of opportunities to switch off from work for a bit!

Most importantly, have **FUN!** Living and studying in Oxford is such a special experience. Make the most of the dinners, the crazy traditions, the events and all the interesting people you'll meet along the way. The time goes incredibly quickly, so enjoy it!

The whole MCR is very excited to welcome you. Come and say hi, have a chat, get involved, and let us know if you ever need anything!

Have the best year,

Maria Filippou
Wadham MCR President

